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NAME MNEMONICS

A mnemonic (pronounced nehm-ik because the initial m is silent) is a memory device. For example, a popular mnemonic for remembering the order of notes on the treble clef, EGBDF, is Every Good Boy Does Fine.

People's names can also be remembered via mnemonics. In fact, making a mnemonic for your own name helps other people remember it better.

To make a mnemonic for your first name, you can play off the way your name sounds (with a word or phrase that rhymes or sounds similar) or you can play off the meaning of your name. It's also good to personalize the mnemonic with one of your traits or other characteristics.

Professor Gernsbacher

